

# 'Body & Soul' Pupil Conference

This inspirational day conference, run by staff advisers from RE Today and with the generous support of the Jerusalem Trust, enables pupils in Year 5 - 6 (and possibly Year 8 as well) to work together on issues about values and relationships in dynamic and exciting ways for a full day of learning.

Learning methods are creative and personally focused on thinking carefully about relationships and values. Children will engage in active and memorable learning which supports the development of clear and thoughtful values.

## AIMS of the day:

- To enable pupils to think for themselves about the values that make relationships work best
- To learn about what makes our relationships work for the wellbeing of all
- To think deeply and creatively about the value of love, trust, forgiveness, sharing hard times and promises.

## Body & Soul

Active learning for relationships education  
By Lat Blaylock, Fiona Moss & Ruth Whiter



## Programme (all flexible)

**Arrivals: 9.15-9.45 (opening activity for pupils)**

**Beginnings: 9.45-10.55:**

Thankfulness / Perfect Partners / Talking Circle

Break: 10.55 – 11.15

**Deep thinking: 11.15-12.35:**

Split group: Values Auction / Story / Sticks

Lunch: 12.35 – 1.05pm

**Creativity: 1.05- 2.30:**

Imagine / Do / Create / Explain: Chuppah

**Inspiration: 2.30 – 3pm: Forgiveness / What does love mean?**

**“The *Body and Soul* programme will help young people develop much of the emotional vocabulary and many of the practical relationship skills needed for confident, healthy and independent lives, and help them to deal with difficult moral and social questions with a deeper understanding of the consequences of their actions.”**

Dave Francis, RE Adviser



Schools are invited to send one teacher and 8 pupils to the conference. Teachers will learn how to use the methods of Body & Soul. The events are led by Fiona Moss and Lat Blaylock of RE Today. Generously Supported by the Jerusalem Trust. A discount copy of the 'Body & Soul' pack is provided for all schools attending the event.